

CLOTHING-EQUIPMENT, LUGGAGE INFO & PACKING TIPS

Camp clothing & equipment

There is a minimal camp uniform that must be purchased from the *Cloz Company*, our official clothing provider. We will send you a complete Cloz catalog, with a list of local show dates, in January. *A recommended clothing and equipment list is provided with the catalog.* You can call them anytime at (800) 876-2267 or visit their website at www.cloz.com to order. Please remember, camp orders are custom. They take time to purchase and process. **Ordering early** will provide you with the opportunity to make any necessary size exchanges and provide enough time to pack prior to luggage pick up. Simple, active-wear is best - nothing fancy!

Shin guards are required for soccer and street hockey. Helmets and full padding are required for ice-hockey, and full padding for roller-blading. Many campers also bring a tennis racquet, baseball glove, cleats, and hiking boots.

If you have any questions or concerns about safety and/or equipment, please feel free to contact the camp office.

Luggage

For the shipping of luggage to and from camp, we recommend the services of Camp Trucking, Inc.. They provide door-to-door pickup and delivery of your son's luggage and have served Manitou families, to satisfaction, for years. Camp Trucking will be sending you specific information on pickup and drop-off procedures in April so you do not need to contact them now. Here are their addresses and phone numbers for your records:

Camp Trucking, Inc.
(888) 599-4036
Fax (970) 949-5089
www.camptrucking.com

Note: No trunks or duffel bags are allowed on our buses or airport vans due to space limitations. To help create a comfortable and smooth opening to camp, we completely unpack all sophomore and intermediate campers (grades 2-6) prior to their arrival at camp. All camper luggage must arrive at least 4 days prior to your son(s) arrival at camp.

If Camp Trucking does not service your area, we recommend the UPS Store in Waterville, ME. Their number is (207) 877-7867.

Packing Tips

Please refer to the packing list provided by the Cloz Company when packing your son for the summer. Please keep in mind the following:

- You will pack and ship your son's clothes and equipment approximately 2-3 weeks before he departs for Manitou. If there is any equipment that he will need to use in the days leading up to camp (such as a tennis racquet or baseball glove), he can bring it with him to camp in a travel bag.
- Our **counselors unpack** our sophomore and intermediate campers prior to their arrival so it is important that their bags arrive at least 4 days before the campers arrive.
- **Laundry** is done once a week, on site. Please pack accordingly. The recommended packing list, provided with the Cloz Company catalogue, is more than adequate for a weeks worth of clothing.
- **If you son(s) take medication**, you must order the appropriate amount of medication for his summer camp session from the CVS pharmacy in Waterville (see medication info). Our medical staff will pick it up at the pharmacy prior to his arrival. This is very important so we ensure proper amounts and no handling in luggage or while traveling.
- **Manitou provides linens and shower towels** for each camper so it is not necessary to pack these for your son. For comfort, some campers choose to bring their own which is fine. Each camper's laundry and bed linens are washed once a week. Towels are washed daily.
- We ask that each camper wear a Manitou **maroon t-shirt on the first day** of camp (this is especially important for campers traveling with our escorts). Please remember to set aside a Manitou t-shirt when packing your son's bags.
- We request that campers **leave valuable items at home**. Campers may bring Ipods (no ipods with video content), CD players or other audio players but do not send video games (such as gameboys or PSPs). Manitou can not be responsible for lost items of value. Feel free to encourage your son to bring his favorite board game or a deck of cards.
- Upon departure, your son's bags will be shipped as indicated by your travel form. If you have post-camp travel plans you should consider having your son set aside clothes he will need because bags often take more than a week to arrive at your home.
- Safety is top priority at Manitou. Please do not send any high-voltage electric appliance or device such as irons, microwaves, tvs, etc.